



Factory customized commercial high-quality strength training board loading weightlifting fitness bodybuilding reverse flying bird exercise

Our Product Introduction

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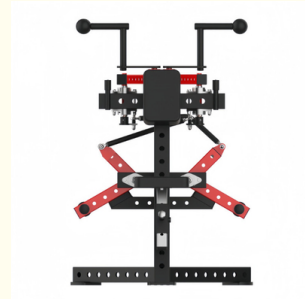
Basic Information

- Place of Origin: Qingdao, China
- Brand Name: HBS
- Model Number: Factory customized commercial high-quality strength training board loading weightlifting fitness bodybuilding reverse flying bird exercise
- Minimum Order Quantity: 1 unit
- Price: Please contact sales personnel
- Packaging Details: Loose or wooden crates
- Delivery Time: Please contact sales personnel
- Payment Terms: D/P, T/T
- Supply Ability: Please contact sales personnel

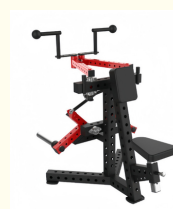


Product Specification

- Name: Anti Flying Bird Trainer
- Material: Precision Steel Pipe+spray Coating
- Function: Relaxing Muscle Equipment, Comprehensive Fitness Exercises, Core Muscle Groups
- Color: Customized Color
- Size: 1200 * 880 * 1300mm
- Gender: Unisex



More Images



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Anti flying bird trainer

Reverse flying bird is an effective exercise targeting the back muscles, especially the posterior deltoid and rhomboid muscles. It can be done using various devices such as dumbbells, cables, or resistance bands. Proper posture and gradual resistance can help improve posture and upper body strength.

Main pipe material: 75 * 75 * 2.5mm square tube, 50 * 80 * 2.5mm rectangular tube

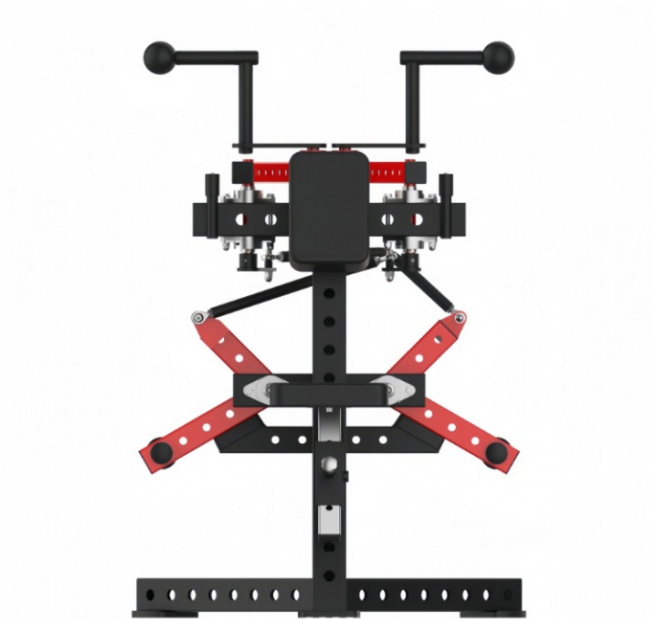
Net weight of product: 68kg

Product gross weight: 90kg

Product size: 1200 * 880 * 1300mm (length * width * height)

Packaging size: 1250 * 950 * 1150mm (length * width * height)

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