



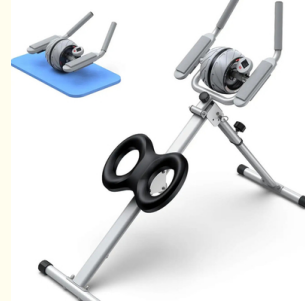
Height Adjustable AB Abdominal Muscle Trainer Abdominal Full Body Exercise Machine Waist Compression Core Toner Leg Thigh Hip Shaping Device With LCD Display

Our Product Introduction

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Basic Information

- Place of Origin: Qingdao, China
- Brand Name: HBS
- Model Number: Height adjustable AB abdominal muscle trainer, abdominal full body exercise machine, waist compression core toner, leg, thigh, and hip shaping device, with LCD display
- Minimum Order Quantity: 1 unit
- Price: Please contact sales personnel
- Packaging Details: Carton packaging
- Delivery Time: Please contact sales personnel
- Payment Terms: D/P, T/T
- Supply Ability: Please contact sales personnel



Product Specification

- Modes: Abdominal Rolling Machine Mode, Abdominal Wheel Mode
- Sliding Rail: Carbon Steel Sliding Rail
- Armrest: Fully Wrapped Elbow Brace
- Material: Carbon Steel Pipe ABS Equipped With Bearing Rollers And PU Foam
- Highlight: **waist compression AB abdominal muscle trainer**,
Height adjustable AB abdominal muscle trainer,
LCD display AB abdominal muscle trainer



More Images



Product Description

Height adjustable AB abdominal muscle trainer, abdominal full body exercise machine, waist compression core toner, leg, thigh, and hip shaping device, with LCD display

The two in one abdominal exercise wheel is an effective tool for exercising the abdominal muscles and other muscles in the body. Here are some benefits of using the Healthy Abdominal Wheel 2-in-1 for abdominal muscle training:

Weight loss: Persisting in practicing a healthy belly wheel can burn calories in the body, promote fat burning, and achieve the goal of weight loss.

Shaping: Long term practice of the Tonkin Wheel can make the muscles in the lower abdomen stronger, with more distinct muscle lines, and have a shaping effect.

Muscle building: Long term practice of the healthy abdomen wheel can make the leg muscle lines more distinct and have a muscle building effect.

Enhancing physical fitness: Practicing abdominal muscle rotation mainly involves repetitive training to exercise the muscles in the abdomen, which can have a certain effect on strengthening the body, enhancing physical fitness, and improving the body's ability to resist diseases.

Improving the strength of the lumbar and back muscles: Practicing abdominal muscle rotation can also improve the strength of the lumbar and back muscles, relieve tension in the lower back, and alleviate nerve compression caused by lumbar and cervical spondylosis, thereby relieving patients' lumbar and back pain and stiffness.

Exercising the internal abdominal muscles: Practicing the abdominal muscle wheel can exercise the internal abdominal muscles, such as the transverse abdominis muscle, internal oblique abdominis muscle, external oblique abdominis muscle, etc. Long term practice can enhance the internal abdominal muscles, increase gastrointestinal peristalsis, and promote the improvement of digestive function.

Developing a lean physique: Abdominal muscle rotation is a type of abdominal muscle exercise that can effectively reduce body fat percentage, increase muscle content, greatly improve the body's basal metabolic rate, and fundamentally help develop a lean physique.

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Enhancing the body's immunity: Regular practice of abdominal muscle rotation indicates participation in aerobic exercise in health science. As long as you practice for about half an hour every day, it can significantly improve the body's immune system ability.

Relieve stress: Abdominal muscle rotation exercise is a very popular fitness equipment, and many people like to use abdominal muscle rotation exercises in their daily lives. But they often only know that practicing abs can help them lose weight and lose weight, and have no idea about the benefits in other aspects, but in fact, abs have many benefits. At the same time, it can help develop a lean physique, enhance the immune system's ability, effectively relieve stress, and keep both body and mind happy and relaxed.

In summary, as an efficient fitness tool, the two in one belly wheel can help users achieve various fitness goals such as weight loss, shaping, and muscle gain, and has a significant positive effect on improving overall health.



Angle & Height Adjustment with **6 Combinations**



440 LBS

Loading Capacity



Rustproof & Thickened
Metal Tubes



Sturdy & Stable Non-slip
Feet



2 in 1 Ab Machine with Roller Wheel



RUBBER WHEELS

Protect the floor from
scratches



SOFT CUSHION

Water & sweat resistant,
easy to clean



LCD DISPLAY

Real-time tracking of
exercise data



NON-SLIP GRIP

Foam wrap for added
safety and comfort

2 in 1 Ab Machine Full Body Workout



Abdominal
muscles



Gluteal
muscles



Lower limb
muscles



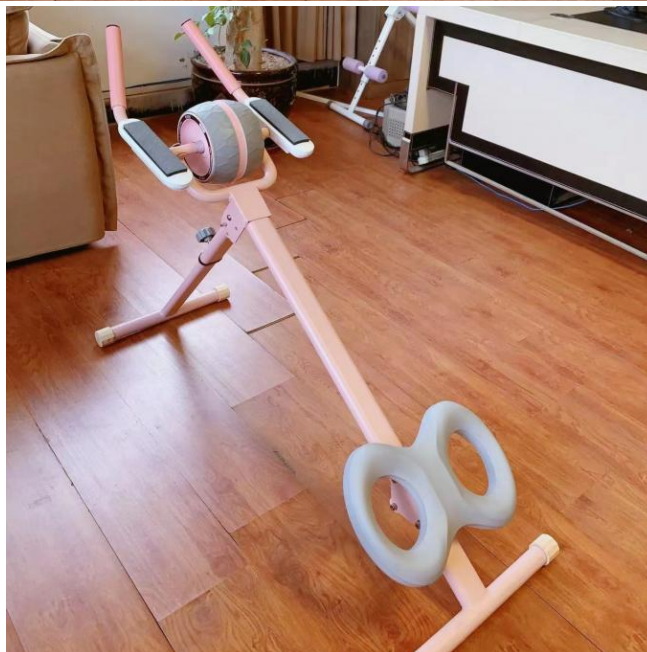
Arm group
muscles





Chest
muscles




Back
muscles



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