



## Women'S Fitness Household Quick Adjustable Weight Small Dumbbells Women'S Shaping

Our Product Introduction

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### Basic Information

- Place of Origin: Qingdao, China
- Brand Name: HBS
- Model Number: Dumbbells, women's fitness, household quick adjustable weight small dumbbells, women's shaping
- Minimum Order Quantity: 1 unit
- Price: Please contact sales personnel
- Packaging Details: Carton packaging
- Delivery Time: Please contact sales personnel
- Payment Terms: D/P, T/T
- Supply Ability: Please contact sales personnel



### Product Specification

- Material: ABS+galvanized Iron Block
- Disassembly And Assembly Method: Quick Installation And Quick Disassembly
- Cleaning Method: Washable
- Handle: Anti Slip Striped Handle
- Weight: 2.5kg Per Unit
- Usage: Fitness, Fat Burning, Shaping
- Highlight: Women'S Shaping Dumbbells, Fitness women's dumbbells, Household dumbbells for women



### More Images



### Product Description

Dumbbells, women's fitness, household quick adjustable weight small dumbbells, women's shaping

Material: ABS+galvanized iron block

Disassembly and assembly method: quick installation and quick disassembly

Cleaning method: washable

Handle: Anti slip striped handle

Weight: 2.5kg per unit

Usage: Fitness, fat burning, shaping

One second quick weight adjustment dumbbell is an innovative fitness equipment that brings great convenience to fitness enthusiasts. The following is a detailed introduction to the one second quick weight adjustment dumbbell:

#### 1, Design Features

##### Quick adjustment system

This dumbbell adopts advanced adjustment mechanism, which can achieve rapid weight adjustment within one second. There is no need to change the weight by replacing dumbbell pieces of different weights like traditional dumbbells, saving time and effort.

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Usually, the weight of dumbbells can be easily adjusted through simple operations such as rotation, sliding, or pressing to meet the needs of different training intensities.

#### Multiple weight options available

A one second quick weight adjustment dumbbell generally provides a wide range of weight options. You can start warming up and initial training with a lighter weight, and then gradually increase the weight to challenge higher intensity.

For example, some products can be adjusted within the range of a few kilograms to tens of kilograms, suitable for people of different fitness levels, whether they are beginners or professional athletes.

#### Ergonomic Design

The handle of a dumbbell is usually designed ergonomically, providing a comfortable grip and preventing slipping. This helps to improve the safety and effectiveness of training, reduce the risk of hand fatigue and injury.

The material of the handle may use anti slip rubber, foam, etc. to increase grip stability.

#### Compact and portable

Due to its unique design, the one second quick weight adjustment dumbbell is usually more compact than traditional combination dumbbells. This makes them easy to store and carry, making them convenient for use at home, in the gym, or outdoors.

Some products are also equipped with dedicated storage boxes or bags, further enhancing portability.

Product Name:	One Second Quick Adjustment Dumbbell
Material:	ABS galvanized iron sheet
Adjustment:	Embedded buckle
Usage:	Fitness, fat burning and shaping

