



## Wall Horizontal Bar Home Horizontal Bar Indoor Pull Up Suspension Strengthening Abdominal Muscle Training

Our Product Introduction

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### Basic Information

- Place of Origin: Qingdao, China
- Brand Name: HBS
- Model Number: Wall horizontal bar, home horizontal bar, indoor pull-up, suspension strengthening abdominal muscle training
- Minimum Order Quantity: 1 unit
- Price: Please contact sales personnel
- Packaging Details: Carton packaging
- Delivery Time: Please contact sales personnel
- Payment Terms: D/P, T/T
- Supply Ability: Please contact sales personnel



### Product Specification

- Highlight: Wall Horizontal Bar, muscle training home horizontal bar, home horizontal bar



### Product Description

#### Wall horizontal bar, home horizontal bar, indoor pull-up, suspension strengthening abdominal muscle training

Wall horizontal bar

The wall horizontal bar is a type of fitness equipment fixed to the wall.

It has the following advantages:

Strong stability: firmly installed on the wall, it can provide stable support and make you feel more at ease during exercise.  
Significant exercise effect: can perform various movements such as pulling up, effectively exercising upper limb strength, back muscles, etc.

Space saving: Install directly on the wall without taking up too much indoor space.

When installing wall horizontal bars, the following points need to be noted:

Ensure that the walls at the installation location are sturdy and able to withstand the forces generated during exercise.




Strictly follow the installation instructions to ensure the firmness of the installation.

After installation, testing should be conducted to ensure safety and reliability.

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