# Aerobic Equipment Elliptical Machine Silent Spacewalks Cross Trainer **Bicycle**

#### **Basic Information**

• Place of Origin: Qingdao, China

. Brand Name: HBS

• Model Number: Aerobic equipment, elliptical machines, silent

spacewalks, cross-border e-commerce

• Minimum Order Quantity: 1 unit

· Price: Please contact sales personnel

 Packaging Details: Carton packaging

. Delivery Time: Please contact sales personnel

• Payment Terms:

Supply Ability: Please contact sales personnel



#### **Product Specification**

Resistance Adjustment Method: Magnetic Resistance Adjustment

Drive Type: Rear Wheel Drive

Slope Adjustment Method: Automatic Adjustment, Manual Adjustment

· Color: White, Black, 92x50x152cm • Flywheel: Full Protection

Mobile: Equipped With Mobile Rollers Highlight: 152cm Elliptical Machine,

50cm Elliptical Machine,

92cm cross trainer bicycle



### More Images





## **Product Description**

## Aerobic equipment, elliptical machines, silent spacewalks, cross-border e-commerce bestsellers

Vertical elliptical machine is a common and popular fitness equipment.

Its exterior design is relatively compact and does not take up too much space, making it convenient to place in places such as homes or gyms. Its main advantages include:

Low impact: less pressure on joints, suitable for all types of people, including those with joint problems or in the recovery period. Full body exercise: It can simultaneously mobilize the muscle groups of the upper and lower limbs, achieve full body exercise, and effectively

Adjustable: The resistance and intensity of exercise can be adjusted based on individual abilities and exercise goals.

Quiet and Silent: There is basically no noise generated during use and it will not affect others.

Exercise the heart and lungs: Continuous exercise can enhance heart and lung function and improve endurance.

When using a vertical elliptical machine, users can increase the diversity and fun of exercise by changing their posture and movements.

For example, holding handles in different positions with both hands, or changing the rhythm and intensity of footsteps.

It can also help users burn calories, achieve weight loss and shaping goals.





🕒 +86 136 8768 1075 🔄 sales@hongbinsheng.com 🧔 exercisegymequipments.com

357 Jincheng Road, Chengyang District, Qingdao, China