



Dynamic Household Exercise Sports Bicycles Self Generating

Our Product Introduction

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Basic Information

- Place of Origin: Qingdao, China
- Brand Name: HBS
- Model Number: Aerobic equipment, dynamic bicycles, household exercise bikes, sports bicycles
- Minimum Order Quantity: 1 unit
- Price: Please contact sales personnel
- Packaging Details: Carton packaging
- Delivery Time: Please contact sales personnel
- Payment Terms: D/P, T/T
- Supply Ability: Please contact sales personnel

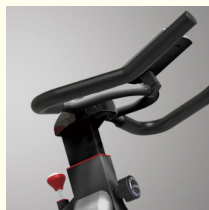


Product Specification

- Brand: Customizable OEM
- Resistance Adjustment Method: Self Generating Exercise Bike
- Product Category: Upright Type
- Features: Distance, Time, Speed, Calories
- Program: Weight Loss, Fitness, Other
- Horsepower: Continuously Variable Speed
- Color: Black Red
- Can It Be Labeled: Customizable Labeling Is Possible
- Highlight: Exercise Sports Bicycles, Household Sports Bicycles, Self Generating dynam bike



More Images



Product Description

Aerobic equipment, dynamic bicycles, household exercise bikes, sports bicycles

Some advantages of dynamic bicycles:

Efficient fat burning: It can quickly increase heart rate in a short period of time, promote the body to burn a large amount of calories, and has a significant effect on burning fat.

Enhance leg strength: Fully exercise the leg muscles, including quadriceps, hamstrings, gluteus maximus, etc., to effectively enhance leg strength.

Improving cardiovascular function: High intensity exercise encourages the heart and lungs to work hard, gradually enhancing their endurance and function.

Small footprint: Compared to other large fitness equipment, dynamic bicycles are relatively compact and do not take up too much space, making them suitable for use in households and gyms.

Exercise coordination: The cycling process requires hand and foot coordination, which can effectively exercise the coordination and rhythm of the limbs.

Wide applicability: Whether young people pursue fitness and shaping, or middle-aged and elderly people engage in moderate exercise, they can use dynamic bicycles.


Strong fun: With strong entertainment value, many dynamic cycling courses are full of vitality and interactivity, making it easier for people to persist in exercising.

Good adjustability: It can flexibly adjust parameters such as resistance and speed according to personal abilities and needs.


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