



## Yoga Gym Pilates Iron Ladder Bucket Maple Oak Ladder Bucket Home Commercial Multi Functional Shaping

### Our Product Introduction

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#### Basic Information

- Place of Origin: Qingdao, China
- Brand Name: HBS
- Model Number: Pilates iron ladder bucket, maple oak ladder bucket, yoga gym, home and commercial multi-functional shaping
- Minimum Order Quantity: 1 unit
- Price: Please contact sales personnel
- Packaging Details: Carton packaging
- Delivery Time: Please contact sales personnel
- Payment Terms: D/P, T/T
- Supply Ability: Please contact sales personnel



#### Product Specification

- Material: Steel Pipe+maple Wood
- Backrest: High Quality Leather+high Elasticity Sponge
- Escalator: Iron Escalator
- Handle: Solid Wood Handle
- Mobile: Equipped With Mobile Rollers
- Knob: Adjustable Knob
- Highlight: Gym Iron Ladder Bucket, Pilates Iron Ladder Bucket, Yoga oak ladder bucket



#### More Images



#### Product Description

##### Pilates iron ladder bucket, maple oak ladder bucket, yoga gym, home and commercial multi-functional shaping

Pilates ladder bucket is a common Pilates instrument, which consists of an arc-shaped bucket and a small wooden ladder, and has the following advantages:

Multifunctional: Pilates bucket can be used for various exercises, such as back stretching, hip and arm exercises, full body comprehensive exercises, and stretching exercises.

Suitable for practitioners of different levels: The height and angle of the ladder bucket can be adjusted to accommodate practitioners of different heights and abilities.

Enhancing core strength: By performing various movements on the ladder bucket, it can effectively exercise the core muscle group, improve body stability and balance ability.

Improving flexibility: The curved design of the ladder bucket helps to stretch various parts of the body, increasing flexibility and joint mobility.

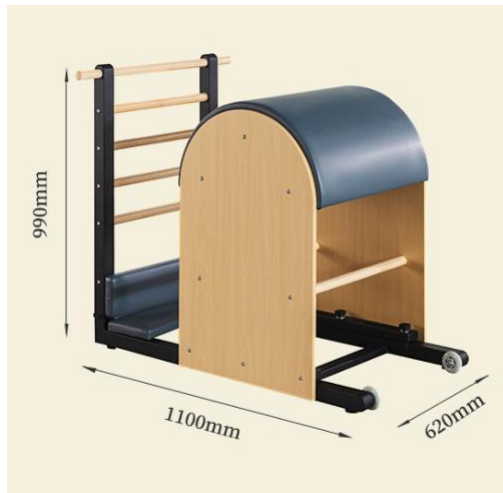
Improving body coordination: Performing complex movements on a ladder bucket requires good body coordination and control abilities, which can be improved through practice.


Rehabilitation training: For those who have physical injuries or need rehabilitation, Pilates bucket can provide a relatively mild and effective training method.

Space saving: Compared to other large Pilates instruments, the elevator bucket takes up less space and is suitable for use in homes or small studios.


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