



## Semi Elevated Pilates Core White Bed Customized Aluminum Alloy Fitness Shaping Multifunctional Bed

Our Product Introduction

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### Basic Information

- Place of Origin: Qingdao, China
- Brand Name: HBS
- Model Number: Pilates, Core White Bed, Semi Elevated, Customized Aluminum Alloy Fitness Shaping Multifunctional Bed
- Minimum Order Quantity: 1 unit
- Price: Please contact sales personnel
- Packaging Details: Carton packaging
- Delivery Time: Please contact sales personnel
- Payment Terms: D/P, T/T
- Supply Ability: Please contact sales personnel



### Product Specification

- Material: Aluminum Alloy+maple Wood
- Pad: High Quality Leather+high Elasticity Sponge
- Training Mode: Multifunctional
- Spring: Piano Wire Spring
- Mobile: Equipped With Movable Rollers
- Pulley: Silent Bearing Pulley
- Highlight: Pilates Core White Bed, Semi Elevated Core White Bed, Shaping Multifunctional Bed



### More Images



### Product Description

#### Pilates, Core White Bed, Semi Elevated, Customized Aluminum Alloy Fitness Shaping Multifunctional Bed

Pilates semi elevated bed has the following advantages:

Training diversity:

A variety of Pilates exercises can be performed, including but not limited to suspension, stretching, balance, etc., expanding the possibilities of training.

Enhance core strength:

Effectively helping exercisers strengthen core muscle groups, enhance body stability and balance abilities.

Increase range of motion:

The elevated design allows for a larger range of motion, making movements more challenging and effective.

Improving body flexibility:

Assist in stretching various parts of the body, improving flexibility and joint mobility.

Space saving:

Compared to fully elevated beds, semi elevated beds save space to a certain extent and are more suitable for places with limited space.

Enhance body coordination:

When performing complex movements, it can effectively exercise body coordination and control abilities.

Promoting rehabilitation training:

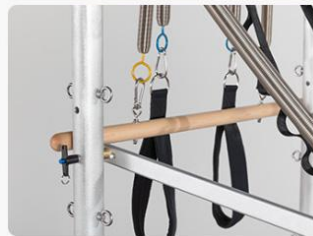
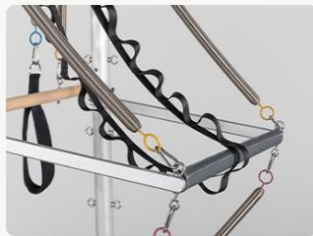
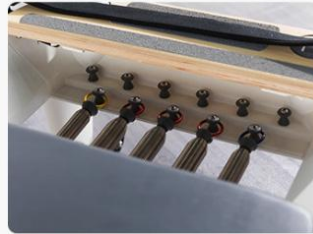
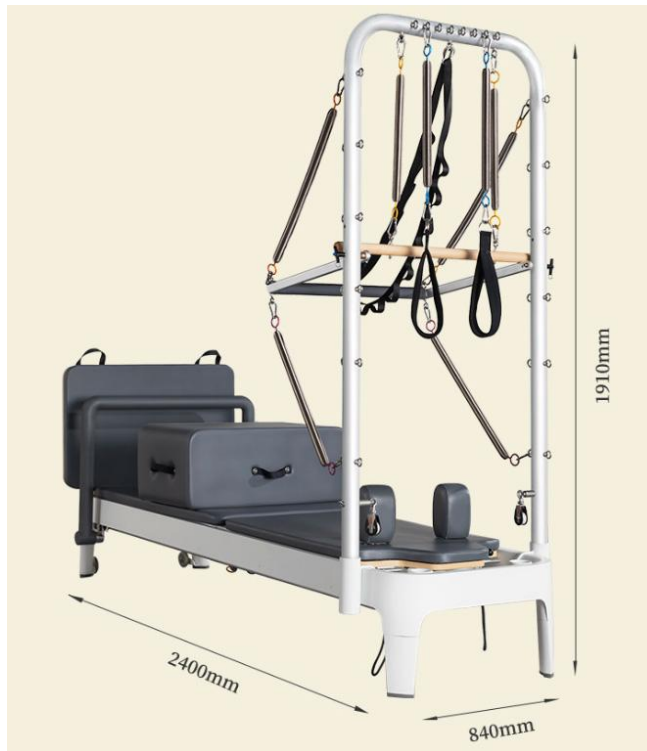
For some people with physical rehabilitation needs, it provides a relatively mild and effective training method.


Beautiful and practical:

The unique design combines aesthetics and practicality, adding distinctive features to the training environment.


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