



Aluminum Alloy Three In One Pilates Core Bed Commercial Gym Equipments Yoga Studio Shaping Flat Bed

Our Product Introduction

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Basic Information

- Place of Origin: Qingdao, China
- Brand Name: HBS
- Model Number: Pilates core bed, commercial fitness equipment, yoga studio shaping flat bed, aluminum alloy three in one
- Minimum Order Quantity: 1 unit
- Price: Please contact sales personnel
- Packaging Details: Carton packaging
- Delivery Time: Please contact sales personnel
- Payment Terms: D/P, T/T
- Supply Ability: Please contact sales personnel

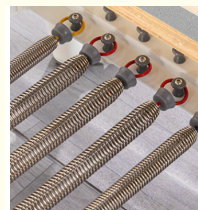


Product Specification

- Material: Aluminum Alloy
- Function: Three In One, Multifunctional
- Track: Silent Track
- Height: Multiple Adjustable Levels
- Pull Tab: Soft Pull Tab
- Mobile: Equipped With A Mobile Scroll Wheel
- Highlight: Aluminum Alloy commercial gym equipments, Three In One commercial gym equipments, Pilates Shaping Flat Bed



More Images



Product Description

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The Cadillac bed, also known as the swing frame, is a highly intelligent Pilates device that can support trainers of almost all ages and physical conditions for fitness and rehabilitation training. It is composed of springs, skateboards, cables, wooden frames, and other configurations. Due to the presence of skateboards, there is a high requirement for the stability of the overall equipment.

The advantage of a Cadillac bed is that it can add many accessories, almost including the auxiliary facilities needed for Pilates training, thereby adding more ways and forms of exercise. Its main components include:

Bed body: The main body of a Cadillac bed, providing stable support.

Hanger: used for hanging accessories such as swing frames.

Tower pole: It has three fulcrums: high, medium, and low, and is assisted in training by hanging springs of different weights.

Handle: Wooden and metal handles that meet different training needs.

Springs: Utilize the different weights of springs to achieve different training objectives.

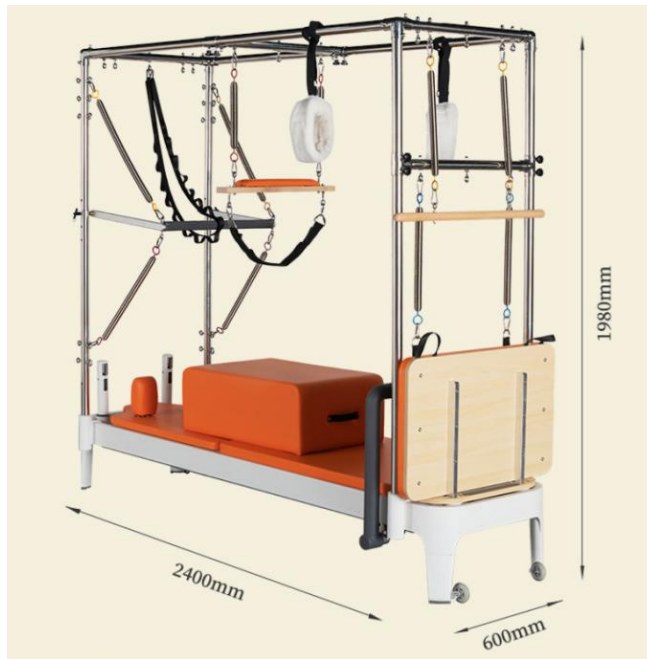
Swing frame: Using a swing frame can complete some hanging actions.


Hoops: Cotton and velvet hoops can assist trainers in training more comfortably and safely.

Cadillac beds provide a larger range of motion for the human body, allowing trainers to complete leg exercises in supine, lateral, prone, and standing positions with the assistance of springs. During the exercises, the legs can move in all directions. Meanwhile, the immobility of Cadillac beds also provides trainers with a more stable practice platform, making it easier for those with limited physical activity to use.


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